Here is a recipe to copy. First: warmup your writing fingers with this exercise pattern:

Close your eyes for a few more warmups.

PEANUT BUTTER FUDGE

2 squares of chocolate
1 cup of milk
4 cups of sugar
2 tablespoons of white Karo syrup
1 teaspoon vinegar
1 12-ounce jar of peanut butter
1 teaspoon vanilla
1 pint of marshmallow cream

Heat the milk very carefully with the chocolate until the chocolate melts. Add the Karo syrup and the vinegar. Boil for exactly three minutes. Add the peanut butter, marshmallow cream and vanilla. Mix well and pour into a large, greased pan.

Enjoy!

If you like to cook, you might make your own recipe book with all of your favorites.