



*AMC Montessori Fall 2009
Hands-On Creative Lesson
Planning Newsletter*

The AMC Montessori Newsletter

Published by American Montessori Consulting

Heidi Anne Spietz, Editor

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<http://www.amonco.org>

The AMC resource participants have generously shared hands-on activities that you will want to use in coming months. You'll be impressed with the ingenuity and creativity expressed in the recipes and crafts they have chosen to share with you. Use their ideas to foster interest in science, social studies, art, mathematics, and other academic hands-on learning activities. Integrate the recipes and crafts into your multicultural lesson planning as well.

Hopefully, you will let the participants know how much you have enjoyed their recipe(s) and craft(s). Visit the websites listed throughout the newsletter. You'll find additional helpful lesson information at these sites.

American Montessori Consulting is not responsible for any of the crafts or recipes posted here. All of the crafts and recipes are copyrighted and are the property of the participating AMC resource organizations listed in this newsletter. For questions concerning their individual copyrighted material, you need to visit the website listed in association with the craft(s) and recipe(s) that interest you and obtain the telephone number and/or e-mail address of the contact person(s).

If you would like friends on special listservs to know of this newsletter, please request that they download the newsletter directly from

http://www.amonco.org/montessori_fall_handson.html

Use special precautions when involving children in any craft or recipe where there is a potential for harm. Some children have special food allergies and/or other medical conditions like diabetes. Small children need supervision. Scissors, hot glue, hot stoves and ovens, and other elements in making some of these recipes and crafts need to be considered. Please consider carefully the age and maturity level of the child before allowing him or her to participate.

Be sure to visit each resource participant's site to see the marvelous selection of educational offerings you can use in your school and home classrooms. You'll also find creative, unique educational gift items that are sure to be enjoyed by the special young people in your life.

The following creative ideas are from the AMC Montessori Resource Center <http://www.amonco.org/directory.html> participants. Visit their websites for additional innovative ways to reach your students throughout the school year.

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Website: <http://www.amonco.org>

Article Submitted by Heidi Anne Spietz

Autumn Weekend and School Day Field Trips

Hands-On Unit Studies -

Autumn Leaves, Pumpkins, and Apple Classification Harvesting Activities

Most of us are now busily preparing for the new school year. As we go about shopping for school supplies and all weather coats, let's not forget that the beauty of autumn is indeed just around the corner. Plan now to savor every minute of it!

Be aware of the subtle changes in the air and temperature that usher in autumn. Many of us will experience Indian Summer in one form or other. See http://en.wikipedia.org/wiki/Indian_summer Soak in the beauty of the majestic autumn scene pictured on that web page. Now, close your eyes for a moment and think back to a favorite autumn. What did you enjoy most? Maybe, it was walking down a trail in the woods with a friend or sitting by a lake like the one pictured at http://en.wikipedia.org/wiki/Indian_summer

Perhaps, it was there that you were able to really relax and commune with nature. Maybe you never had an opportunity to experience any of what autumn can hold in store for you. If so, let's change that! Plan now to make Autumn 2009 a memorable season for you and your family.

I first mentioned the article **Why Do Leaves Change Color in the Fall?**

<http://www.sciencemadesimple.com/leaves.htm> in the AMC Fall /Winter 1999

Newsletter <http://www.amonco.org/fall99.html> Somehow, it seems appropriate for us to begin our journey into autumn by revisiting this article.

I recently reread **Why Do Leaves Change Color in the Fall?** and was once again amazed by how nature prepares for every season. By reading this article in its entirety you will fully appreciate the rich variations in the colors of autumn leaves. Naturally, you will want to spend some time with your children discussing this remarkable process. If possible, collect some autumn leaves so that the children can make comparisons and classifications.

Enjoy the tapestry of autumn colors by taking a short weekend family outing. Visit Google.com, and use the following keyword phrase - **where to see fall leaves changing colors add your city and state here**. If you live in a remote area, don't be discouraged if you can't quickly locate what you want. You may need to use a variety of keyword phrases. Perhaps, you will need to drive a bit to a relative or friend's house in the woods or out in the countryside to see some of what autumn has in store.

When we think of autumn, most often the words harvest, pumpkins, apples, apple pie, American Indians, Pilgrims and Thanksgiving come to mind. Borrowing books from the library and planning unit studies on these selected topics will help increase awareness and understanding. However, you will find that the key to integrated learning is further fostered in hands-on autumn activities.

Again, use Google.com to quickly complete your research. By using the simple keyword phrase **Southern California and pumpkins**, I quickly located the **Johnson Brothers Pumpkin Patch** in Huntington Beach, CA. See <http://www.johnsonbros.net>

Last year, during a telephone interview with co-owner Tom Johnson, I gleaned enough information to know that this would be an ideal autumn field trip for children.

Below, are selected quotes from the website <http://www.johnsonbros.net>

“Johnson Brothers Pumpkin Patch includes thousands of pumpkins to choose from, in all shapes and sizes.... When you are ready to pick your pumpkin you may choose from our cute minis, through sizes all the way up to our Monster Pumpkins in, ***“Land of the Giants.”*** While searching for the perfect Pumpkin, enjoy our many free attractions. Head over to the ***“Barnyard Animals,”*** with it's

Goats, Chickens, Ducks, Geese, Piglets and even a Turkey! ...”
Johnson Brothers Pumpkin Patch also features an Indian Village complete with authentic tipis and corn grinders. Doesn't this sound like fun? Now, let's see what's available in your neck of the woods.

While at Google.com, use multiple keyword phrases for best results, i.e. **pumpkin festival and your state** or **pumpkin harvest festival and your state**. I located the **Pumpkin Festivals and Weighoffs** <http://www.pumpkinnook.com/giants/festival.htm> **Pick a Pumpkin Patch in New York** <http://www.pickapumpkin.com/> and **Nekoosa Giant Pumpkin Fest in Wisconsin** <http://www.nekoosagiantpumpkinfest.com/> by using such keyword phrases.

It's fun to pick your own pumpkin, but in order to fully enjoy the experience, you'll need some additional facts. Visit **Keep Your Pumpkin Fresh** <http://www.mygreathome.com/outdoors/KeepYourPumpkinFresh.htm> to learn how you can increase the longevity of the pumpkin(s) you pick. For additional pumpkin information visit **Watch Your Pumpkin - Grow** <http://www.urbanext.uiuc.edu/veggies/pumpkin1.html> and for a yummy treat visit **How to Make a Pumpkin Pie** <http://www.pumpkinpatchesandmore.org/pumpkinpie.php>

Use similar keyword phrases to learn more about apple harvests. The Minnesota Harvest website <http://www.minnesotaharvest.net> is very well done. At the site you will notice a thumbnail description of the type of apple, location where it is grown, approximate picking date, plus a corresponding web link directing you to a page with detailed information. Click on http://www.minnesotaharvest.net/apple_scottcountycrab.htm to see an example. The site is very well organized; the links to the left of this page will help you to easily navigate through the website.

To locate additional information for unit studies involving apples, harvest or Thanksgiving, I suggest that you once again visit Google.com and use the key phrases **Apple Harvests and the United States** and **Thanksgiving and the United States**

By using the key phrase **Apple Harvests and the United States**, I found many must see sites, including the Oak Glen California <http://www.oakglen.net>, Food in the United States Northeast Region

<http://www.foodbycountry.com/Spain-to-Zimbabwe-Cumulative-Index/United-States-Northeast-Region.html> , (you may have to copy and paste this web address in your browser) and the NY Apple Country Apples for Education Program <http://www.nyapplecountry.com> Just click on the apple icons located on the top of the web page for some useful apple unit planning information. You'll be delighted with the wealth of information located there.

BEGIN NOW!!

Don't procrastinate! Plan now to use the ideas in this article to jumpstart your autumn lesson planning. Combine fun family weekend outings or school field trips with autumn hands-on activities, and make Autumn 2009 both meaningful and memorable.

Additional follow-up optional suggestions for parents and teachers are as follows:

You will find some integrated suggestions for combining the study of **American Indians using the Montessori method** by visiting <http://www.amonco.org/fall99.html> Visit <http://www.amonco.org/news3.html> for some additional autumn gardening and cooking lesson plans.

A complete comprehensive integrated unit study involving phonics, grammar, literature, creative writing, geography, history and art is available in the new **Modern Montessori at Home: A Creative Teaching Guide for Parents of Children Six through Nine Years of Age**.

Use ideas and lessons from *Montessori at Home: A Complete Guide to Teaching Your Preschooler at Home* Use the Montessori Method to present an apple tree classified reading card exercise. See <http://www.amonco.org> for information about both books.

Ann, from Kids Quality Toys <http://www.kidsqualitytoys.com> contributed a delicious **Easy Pecan Granola Apple Crumb-Pie Recipe** for Part II of this newsletter. In the same section, you will also find a complete **Montessori Cooking Practical Life Unit Study** and **Apple Sauce Parfait recipe** contributed by Montessori teacher Kathy O'Reilly, from *Cooking With Children Can Be Easy* <http://www.amcenterprises.net/cookingwithchildren.html>

Montessorian Dale Gausman, from the North American Montessori Center, offers the complete **Making Applesauce** Montessori practical life exercise See Part III of this newsletter.

See http://www.amonco.org/creative/montessori_fall2.pdf to access these recipes and free Practical Life Exercise lesson planning information.

Easily locate other apple themed lesson plans on the American Montessori Consulting website.. In Part V of this newsletter you will find the **Making Apple Cinnamon Muffins Practical Life Unit Study** contributed by Dale Gausman, of the North American Montessori Center <http://www.montessoritraining.net> and the **Apple Wreaths** project from Jaye, of Creative Care, <http://CreativeCare.netfirms.com/>

See http://www.amonco.org/creative5/montessori_fall5.pdf to access these apple related recipes and crafts.

Don't forget to download Part VII of this newsletter to access the delicious Apple Angel Food Recipe contributed by Conceptual learning <http://www.conceptuallearning.com>

Visit <http://www.amonco.org/montessoriapplesandoranges.html> to access a complete apples and oranges unit for PreK through Grade 8.

Read the rest of this section to obtain some excellent additional gardening ideas and projects. See **The Creative Process** below.

For additional autumn and winter planning tips read **Gardening Year Round - Tips from an Expert** <http://www.amonco.org/gardeningleasons.html>



The Creative Process

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Website: <http://www.creativeprocess.net>

Activities and Recipes Submitted by Rae

Gardens for Schools

The following is quoted from:

<http://www.netposterworks.com/resources/curideas/gardens.html>

“A **Spring** lesson theme introduced in the fall is really thinking ahead . . . late summer and early **Autumn** is exactly the time to start preparing soil for a spring garden that will brighten everyone's day. So get out your shovels and gardening catalogs for big jump on a spring theme.

As the daughter of a farmer I know exactly the level of work and resources involved to get a garden of any size established; I also cherish the memory of my elderly father taking his granddaughter to the garden to pick cucumbers and tomatoes for the perfect summer salad (and a few lessons on those squishy green bugs).

Click <http://www.netposterworks.com/resources/curideas/gardens.html> for some ideas and sites related to gardens, planting and seasonal changes.

Visiting Artist

Bring a parent-artist (or sibling-artist, neighbor-artist, cousin-artist) into your school, classroom or for a special school event - there is nothing like an in-person performance or demonstration to ignite the curiosity of your students. The impact is even greater when the artist is a person that is only 1 or 2 degrees of separation from their audience.

Visit http://www.creativeprocess.net/resources/curideas/visiting_artists.html to read this marvelous article packed with lesson planning ideas in its entirety.

Aebleskiver

One of my favorite childhood memories is being at my grandmother's house with lots of aunts, uncles and cousins around, and talking Grandma into making aebleskiver. For lack of a better description an aebleskiver is a Danish pancake ball.

Sprinkled with sugar, the aebleskivers that survived the gauntlet of grandchildren from the kitchen to dining room, were dipped in honey or jam. I have absolutely no memory of what else was served.

Cooking aebleskiver requires a hot stove and cooking oil so it is not a task for children, but I learned to separate eggs, measure and mix ingredients standing at the kitchen counter.

Ingredients

1/4 tsp salt

flour to make a medium thick batter (about 2 cups)

2 c buttermilk or sour milk

(to sour a cup of milk add 1 Tbsp of lemon juice or vinegar; let stand a few minutes)

1 tsp baking powder

2 eggs, separated

1 tsp soda

1 Tbsp sugar

2 tsp melted butter

Cream yolks with sugar and butter, add salt, milk, soda, baking powder and enough flour to make a medium thick batter. Fold in beaten egg whites.

Bake in an aebleskiver pan: Let the pan get hot and add a small amount of cooking oil to each depression. When oil is hot, add enough batter to almost fill depression, turn the aebleskiver with a knitting needle (or skewer) when bubbles form and edges are brown. Before turning you can add an apple slice or a teaspoon of jam. Sprinkle baked aebleskiver with confectioners or granulated sugar.

There are a variety of aelbeskive pans available; the one my grandmother had was cast iron and heavy. I have a teflon coated pan. Check cooking stores in your area or online.

Art Project Submitted by Rae

Color Wheel

A Lesson Plan for Learning to Mix Colors with Poster (Tempera) Paint

You'll find a full size template plus short description of color theory, glossary, excellent extension activities and links by visiting <http://www.netposterworks.com/resources/curideas/colorwheel.html>

Famous Montessorians

Did you know that Alexander Graham Bell started two Montessori schools, or that President Wilson's daughter Margaret was trained as a Montessori teacher, and there was a Montessori school in the White House during Wilson's presidency?

And many notable people attribute their success to the education they received at a Montessori school? - for instance the young men who developed the Google search engine, and Jeff Bezos of Amazon.com.

See

http://www.netposterworks.com/individuals/women/montessori_posters.html

You could create a gallery, or Hall of Fame, of famous people associated with Maria Montessori and Montessori education. Such a gallery would spark dialogue with parents and initiate learning opportunities with children.

Always available - our beautiful Maria Montessori portrait reproduced as fine art poster print, notecard and biographical bookmark. The notecards make wonderful covers for school programs as well as 'Thank You' cards for your supporters.



About the Creative Process

Creative lesson planning just became a little easier. The Creative Process offers educators a beautiful selection of educational portrait posters, notecards and biographical bookmarks of a selected group of individuals who have made a positive, lasting impression in this world. The company's products are absolutely breathtaking.

The company's posters, notecards and biographical bookmarks all make unique, educational gifts. What child wouldn't want many of these beautifully designed, informative bookmarks as a gift!

Visit <http://www.creativeprocess.net> today !!!



Harrisville Designs

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Website: <http://www.harrisville.com>

Craft Submitted by Julie

Below are the instructions for our new Harrisville Holiday Kits -

Felted Ball Ornaments

This kit contains two styrofoam balls- 2", colorful wool fleece, trimmings (yarn, etc), and large head pins. You will also need liquid soap (Ivory brand works well), warm water and some paper towels/towel. It takes only 5 minutes to felt over the ball, leaving lots of attention span left for decorating it!

Harrisville Holiday Kits: Felted Ball Ornament

Instructions (Age: 6+)

Overview: Felting is the ancient craft of turning fluffy sheep's wool into a durable fabric. By just adding soap, warm water, and friction (rubbing, massaging, etc) to wool fleece, colorful and useful felt pieces can be made. It's a fun and child-friendly arts and crafts medium that can be taken as far as the imagination will let it!

Felted Ball Ornaments for the Holiday Tree: This is a quick and satisfying project to complete, and it is one that allows room for individual creative touches.

Set Up: Lay out the components of the kit. You will need a bowl with very warm water and a squirt bottle of liquid soap. (Ivory is good.) A roll of paper towels is helpful.

Step One: Take a strip of fleece and wrap it around the styrofoam ball. (Tear off any extra fleece.)

Step Two: Take a second strip of fleece and wrap it around the styrofoam ball going the other direction. (Tear off any extra fleece). You should now have your ball completely covered with fleece. (Check for any bald spots and cover these with fleece. You will do best with just a moderate amount of fleece. Having too much fleece can make it harder to get a nice even felted surface.)

Step Three: Squirt liquid soap in your hands and scoop a handful of warm water into your hand with the ball.

Step Four: Pretend to 'pack a snowball'- gently squeeze and turn the mixture in your hands. As the water in your hand cools, you can rescoop more warm water onto your project. Add another squirt of soap if the mixture gets too rinsed down. Five minutes later, you will have a felted ball. Rinse in warm water and squeeze dry in a towel.

Step Five: Decorate your felted ball with the provided trimmings and pins!

Hang on your holiday tree or give your unique handmade ornament to a friend!
Thanks for making a Felted Ball Ornament with Harrisville Designs!

Additional Hands-On Felted Crafts Posted on Harrisville Designs Website

Experience two wonderfully written lessons from the ***Our WoolWorks!*** curriculum. Students learn about the history of how humans have used felted wool. Online step-by step instructions with accompanying photographs clearly demonstrate the two crafts featured in the unit study. The first, ***Felted Bead Necklaces***, is designed for students five to eight years of age. The second, ***Felted Pouches***, is designed for children ages 10 - 12. Visit <http://www.harrisville.com/woolworks.htm> Scroll down until you see the link **Lesson 3: Humans Discover Textiles: Felting**



About Harrisville Designs

New! Discover Crochet Kit!

Discover Crochet Kit (Item #648): Makes a cool granny square scarf or two really cute purses with 100% Pure Virgin Wool yarn spun by Harrisville Designs. This kit comes with four colors (spring green, magenta, violet and peacock) of yarn, a heavy plastic crochet hook, four hand blown glass beads for buttons, and illustrated instructions with fun design ideas. It is a kit suitable for beginners, aged 7 and older, and is a *Harrisville Designs' Grandma and Me: Pass It On Product*. A perfect kit for an adult and child to share together!

Our **pegLoom**, is a great and affordable way to discover the excitement of real weaving.

Children immediately grasp the technique of weaving with the simple, sturdy loom. Children can make wall hangings, purses, coasters, "mug rugs", blankets and rugs for doll houses, magic carpets and more!

pegLoom includes everything needed for a complete woven project. The **pegLoom** was also the winner of the Teachers' Choice Award and the Oppenheim Toy Portfolio Gold Seal "Best Toy" Award.

Be sure to visit the following sites for the latest products!

<http://www.harrisville.com/>

Also, visit the following new links for educators:

About Harrisville Designs

Harrisville Designs is a manufacturer of high quality and unique children's weaving, felting, and fiber kits. It has also been making hardwood floor looms for weavers, and a wide variety of 100% Pure Virgin Wool yarns for knitting and weaving for over 35 years. Located in the historic village of Harrisville, New Hampshire (a National Historic Landmark), where textiles have been continuously produced for over 200 years. For more information please call (800)338-9415 Visit our website <http://www.harrisville.com> to learn about our other fun and educational kits!



Chinaberry

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Recipe Submitted by Janet

Taken From the Chinaberry Fall 2000© Newsletter

Last year, this recipe was the #1 hit of several Halloween parties.

Frozen Jack-O-Lanterns

Serves 12

12 Navel Oranges (I used deep orange grapefruit with great success)

12 Cinnamon Sticks

1/2 Gallon Dark Chocolate Ice Cream (Godiva makes a really dark chocolate ice cream which works well.)

Cut off tops of oranges and gently hollow out pulp (a serrated grapefruit knife works really well), leaving a thick shell. Hollow out pulp from the tops too. Cut Jack-O-Lantern faces into each orange. Pack chocolate ice cream into shells. Avoid letting the ice cream come out of the holes. Cut a hole into top of orange top. Set tops back on over the ice cream, and set cinnamon stick stem through the hole.

A Craft Idea Forwarded from Janet of Chinaberry

DECOUPAGE HAS NEVER LOOKED THIS GOOD

You should have heard the ooh's and aah's when our Merchandising Assistant, Shannon, brought in a beautiful gift box created by her talented mother. Using a papier mache box she bought at a craft store, Shannon's mom decoupaged cover art taken from a catalog onto the lid, resulting in a striking, one-of-a-kind storage box that Shannon now displays proudly on her desk. The last time I had the urge to decoupage was back in 1972, but after seeing this box, I found myself in a craft

store quicker than you can say "macramé wall hanging." Trust me. This isn't like the stuff we did in the 70's. And thanks to Shannon's mom, I'm going to tell you exactly what you'll need to buy and do in order to create your own box.

What to Buy:

1 Papier Mache Box with a lid (Most craft stores, such as Michaels, carry all different sizes.)

1 Bottle of Mod Podge, Matte Finish (Mod Podge is a quick-drying sealer for multiple coat build up. It is certified AP non-toxic, and is water-based. You'll probably be able to get this at the store where you get your box.)

1 Sponge Brush (These are usually on the same aisle as the Mod Podge)

Art of Your Choice (You could use many different pictures for a collage effect if you'd like). You may want to use color copies of photos too.

What to Do:

Set your box (not the lid) on the picture you decide to use. Outline the box with pencil.

In order to have nice edges on your picture (You don't want a clean cut; you want more of a soft-looking edge), fold the paper back and forth a number of times where you want your edge. Then, you'll lay a ruler on the crease. Tear the paper along the ruler's edge so you won't have a clean cut.*

Brush a light layer of Mod Podge on the lid of the box and a light layer on the back of the picture. Press the picture into place and smooth out the air bubbles. Let dry 20 minutes. Then apply a moderate coat of Mod Podge, brushing lightly in both directions. Brushing the Mod Podge in both directions gives the finish a matte texture. And that's it! You're done.

Shannon's mom uses these boxes instead of wrapping paper. She simply puts the gift inside and holds the box together with a raffia tie.

* The following tip was contributed by a customer:

After you make the fold line and fold back and forth, you can take a small brush and brush a line of water along the fold. Allow a moment for it to soak in and when you pull gently on the two sides of the line, the paper will pretty

much separate along the line, but leave a lovely "gentle" edge.
This is called a water tear.



About Chinaberry

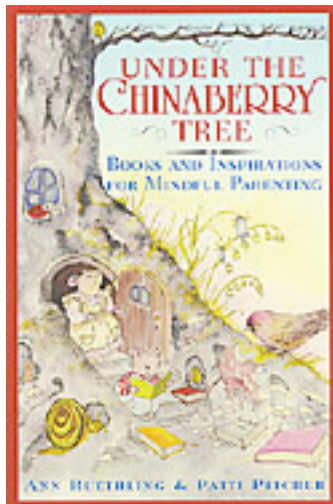
We also invite you to the Chinaberry website where you'll find a wide variety of holiday gifts to please those special people in your life.

SNOWFLAKE KIT and **BEADED ICICLE ORNAMENT KIT** are just two of the many creative, affordable offerings for kids.
For details please see:

<http://www.chinaberry.com/prod.cfm/pgc/11800/sbc/11811/inv/8788>

and

<http://www.chinaberry.com/prod.cfm/pgc/11800/sbc/11811/inv/4347>



UNDER THE CHINABERRY TREE
Books and Inspirations for Mindful Parenting
Ann Ruethling & Patti Pitcher

Whether you're just beginning your parenting journey or are already enjoying grandchildren, this compendium of thoughts on mindful parenting by Chinaberry's

own Ann Ruethling and Patti Pitcher will be a loving guide. And it includes reviews of some of the many books that have appeared in the Chinaberry catalog since its beginning over 20 years ago! A treasure trove of inspiration for the challenges of life with young children.

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Craft and Article Submitted by Georgette

GUIRO

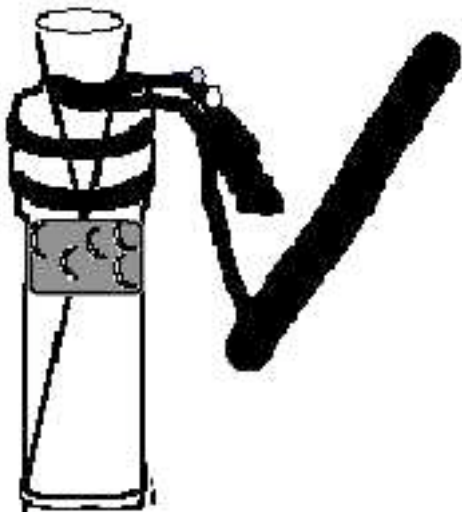
Guiro's are often made of gourds but can also be made out of pieces of hollowed wood.

MATERIALS

Empty plastic water bottle chopstick, pencil, or ice-cream stick

12 inches of yarn or ribbon feathers, beads or any decorative material

Glue wrapping paper or any available decorative paper



PROCEDURE

Tie ribbon or yarn to bottleneck and tie feathers to them.

Tie chopstick to twelve-inch yarn or ribbon and tie to bottleneck. Glue decorated paper to smooth area near bottleneck after measuring and determining correct size.

Place thumb inside bottle mouth and hold with one hand; use other hand to grasp stick and scrape across grooves of bottle.

Relaxation Exercises for the Classroom

Relaxation is a learned skill and emphasizes self-control and focus.

Guide children back on task after recess, lunch or before test-taking with simple and short relaxation exercises. This would be a wonderful way to also reduce stress, tension and anxiety; these techniques can be used at any time.

Relaxation exercises are *a calming way to help students quiet their minds, breath and refocus.* If done on a regular basis, they have been known to:

Improve memory. Improve concentration. Increase ability to deal with stress

Improve awareness improve creativity

A simple introduction to relaxation is to have the students sit in their chairs, hands in their laps and to have them focus on their breathing. Just this centering of attention leaves stressful moments behind. For more information go to www.meditations4kids.com <http://www.meditations4kids.com/>

Provided by Georgette Baker, CANTEMOS bilingual books and music 800-393-1336



About Cantemos

Gift Giving Idea ~ CANTEMOS CHIQUITOS #2

CANTEMOS CHIQUITOS #2 includes **Christmas songs** in both English and Spanish. Songs include: Silent Night, Cantemos, Gloria, Noche Buena, Jingle Bells, fingerplays to teach vowels, colors, counting, numbers and La Cucaracha are included as well. The cassette and book make a great stocking filler. **Visit <http://www.cantemosco.com> to learn about CANTEMOS CHIQUITOS and additional gift giving ideas and year round educational products.**



End of Part 1

Read the other parts of this creative hands-on lesson planning newsletter by visiting

http://www.amonco.org/montessori_fall_handson.html



